

From Rowing Ratio/Winter 1992...

We've pulled together some rowing terms used elsewhere (primarily in Britain). Perhaps if you have rowed abroad or have been coached by someone with international experience these will be familiar. You may not have known they weren't American. Otherwise, see if you recognize the terms:

Bum shoving--In the States often referred to as shooting your slide.

Stroke side--The Port Side*

Bow side--The Starboard Side*

Easy--Way nuff, Stop**

Light--Paddle

Pressure--Power

Arms only--Pick drill

Single Strokes--Pause drill

Outing--On-the-water workout

Kit--Clothes that you wear to work out; wouldn't say trou.

Kit bag--Gym bag

Spanner--Wrench

Diving at the catch--In Britain it refers to the blade going deep, as opposed to in the US where it usually refers to one's body.

Bouys (one syllable 'boys')--Bouys (two syllables 'boo eez) in the US.

Hold it up--STOP or hold water (in order to stop quickly).

Drunk Octopus--Novice Eight

*Regardless of whether the bow oar is on the starboard or port, what Americans call the starboard is considered the bow side in Britain. The opposite is true with stroke. But what if there is a starboard stroke with a bucket and both are on the same side...
**This difference has caused a few nightmares for some coaches and coxswains out there.

UNTIL NEXT TIME...

If you have any updates send them to me ASAP. Any regattas entered, etc... Enjoy your summer... Stay in Shape!

Until next month,

Cindy Ching, editor(?)

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P.S. I'm also taking inquiries about USRowing membership applications. \$25/individual. I have forms. Cindy