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## First National Selection Regatta and Speed Order Underway

April 24, 2010

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Racing got underway Friday morning with time trials in all seven events at the 2010 USRowing National Selection Regatta #1 and Speed Order April 23-25 at the Finn M.W. Caspersen Rowing Center on Mercer Lake in West Windsor, N.J. Racing continues Friday at 5:30 p.m. with heats in the women's single sculls, men's single sculls, lightweight women's single sculls, lightweight men's single sculls and men's pair.

In the men's single sculls, USRowing Training Center's Warren Anderson (Paso Robles, Calif.) won the time trial with a time of 6:38.919. Anderson, who represented the U.S. in the men's single sculls at the 2009 World Rowing Championships, finished more than five seconds ahead of 2008 Olympian Ken Jurkowski (New Fairfield, Conn.). Jurkowski clocked a 6:44.460, followed by Penn A.C.'s Stephen Whelpley (Moquon, Wis.) in a 6:45.686. The trio will enter Friday evening's heats as the top seeds.

Ursula Grobler (Pretoria, South Africa) won the time trial of the women's single sculls by 0.3 seconds. Grobler, who won the open single at the 2009 Head of the Charles and currently holds the indoor world record for lightweight women 19-29, finished with a time of 7:26.581. USRowing TC's Kate Bertko (Oakland, Calif.) finished second with a time of 7:26.912, followed by Cambridge Boat Club's Genevra Stone (Newton, Mass.) in a 7:28.150. Grobler, Bertko and Stone will be the top three seeds in tonight's heats.

In the men's pair, the USRowing Training Center duo of Steven Coppola (Buffalo, N.Y.) and Silas Stafford (Santa Rosa, Calif.) won the time trial by over two seconds, clocking a 6:26.276. Teammates Brett Newlin (Riverton, Wyo.) and Giuseppe Lanzone (Annandale, Va.) finished second in a 6:28.723, followed by USRowing TC's Grant James (DeKalb, Ill.) and Ross James (DeKalb, Ill.) in a 6:30.172. Coppola and Stafford will be the top seed in tonight's heats.

USRowing TC's Erin Cafaro (Modesto, Calif.) and Susan Francia (Abington, Pa.) won the time trial of the women's pair by 3.36 seconds. Cafaro and Francia, defending world champions in the event, crossed the line in a 7:08.160. Teammates Amanda Polk (Pittsburgh, Pa.) and Jamie Redman (Spokane, Wash.), members of the women's four that won silver at the 2009 World Championships, finished second in a 7:11.447. USRowing TC's Lindsay Shoop (Charlottesville, Va.) and Caroline Lind (Greensboro, N.C.) rounded out the top three with a time of 7:11.765.

The Bachelor's Barge Club duo of Cody Lowry (Bristow, Okla.) and Jon D'Alba (Berwyn, Pa.) edged out Oklahoma City University's Edgars Boltmanis (Jurmala, Latvia) and Drew McNichols (Fall Creek, Ore.) and Riverside Boat Club's David Smith (Seattle, Wash.) and Matt Carey (West Simsbury, Conn.) to win the time trial of the men's double sculls. Lowry and D'Alba won with a time of 6:24.422. Boltmanis and McNichols clocked a 6:31.354, followed by Smith and Carey in third with a time of 6:34.389.

In the lightweight men's single sculls, GMS Rowing Center's Jon Winter (New Haven, Conn.) won the time trial by over six seconds. Winter clocked a time of 6:55.876, followed by Undine Barge Club's Dan Urevick-Ackelsberg (Philadelphia, Pa.) in a 7:02.450. Riverside Boat Club's Skip Dise (Beverly Hills, Mich.) crossed the line in third with a time of 7:02.937. They will be the top three seeds in tonight's heats.

Pocock RC's Abby Broughton (Tetonia, Idaho) won the time trial of the lightweight women's single sculls by nearly 14 seconds. Broughton, a member of the lightweight women's quadruple sculls crew that won silver at the 2009 World Championships, clocked a time of 7:28.660. Undine Barge Club's Meghan Sarbanis (Hampstead, N.H.), who finished fourth in the event at last year's world championships, finished second in the time trial in a 7:42.284. Kristin Hedstrom (Concord, Mass.) of the University of Wisconsin Lightweight Women's Crew finished third with a time of 7:42.514. Broughton, Sarbanis and Hedstrom will enter as the top seeds in tonight's heats.

Semifinals in the two single sculls, as well as finals in the remaining events will be held Saturday starting at 7 a.m. Finals in the single sculls events will be held Sunday starting at 7 a.m. For complete results, visit [www.powerhousetiming.com](http://www.powerhousetiming.com).

For the men's and women's single sculls, the regatta serves as the first step towards making the 2010 Senior National Team that will represent the United States at the 2010 World Rowing Championships in Lake Karapiro, New Zealand. The winner of each event will earn the right to compete at a world cup race of their choosing. If the NSR #1 winner finishes in the top four (or top half if there are fewer than eight entries), then he or she will be nominated to the team. For the remaining boat categories, the speed order serves as an opportunity for athletes to test their speed early in the season in preparation for future selection regattas and trials.

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