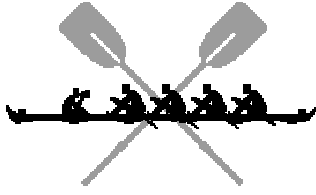


Case Western Reserve University Crew Club



Alumni Newsletter

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CREW CLUB
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Case Western
Reserve University
Cleveland, OH 44106

Visit us at:
crew.case.edu

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First Annual Case Crew Alumni Regatta

by Brian Chorney

Are you going through withdrawal from dodging freighters, smelling dead fish, and praying you don't get splashed with toxic chemicals all while ROWING your heart out? Well get your fix on Saturday, April 22. Case is hosting its first ever alumni regatta on the Cuyahoga River.

All rowers and coxswains will meet down at the Cleveland Rowing Foundation (formerly WRRF) boathouse at 9:15AM to meet and greet past coaches and teammates (and check out our heated carpeted erg room and flushing toilets)! The first race will launch at 9:45AM, with races running every 15 minutes from 10:00AM through mid-afternoon. There will be

men's and women's tournament brackets pitting freshman, sophomore, juniors, seniors, and alumni specific 4+s head-to-head down a 1300m course between I-90 and the CRF dock.

After a long day of friendly competition, we'll keep the fun going with dinner in the evening for yet another opportunity to catch up with old friends, talk about the past, and meet the future of Case Crew. Enclosed is our official invitation, please respond by April 1st. We hope to see you there!

Don't worry if you're out of shape or haven't touched an oar since college,

we'll have some inactive rowers in the mix and all the undergraduate boats are banned from practicing



ing together unless it's a normal racing lineup! And yes, the men do want redemption for losing to the alumni at the 2003 Head of the Cuyahoga.

Fundraising: Leave Your Mark by Naming Oars, Seats, and Our New Boat

By Nina Ma and Amanda Bocci

After some recent acquisitions and refurbishing our oars and several of our boats, we are giving alumni and friends of the team the chance to name a seat, an oar, or our newest 8+ boat. We will be raffling tickets for the oars shortly and at the alumni regatta set for

April 22nd. The drawing will be held at the regatta. The auctioning of the boat and seats will likely occur on ebay. Additional information will be sent in a couple of weeks, so keep an eye out! Many of you have devoted countless hours into fundraising for such equipment, so we find it

only appropriate to include you in the naming process.

In other news, we consistently worked Cleveland Browns games last fall. This spring, we will be working Cleveland Indians games and are constantly coming up with new ideas

to raise funds. The funds will be going towards more, new equipment to sustain the growing number of rowers on the team. We hope you will continue to support Case Crew.



Boathouse Update by Nathan Uber

The Cleveland Rowing Foundation (CRF, formerly WRRRA) has made some exciting new changes since your last visit. CRA now controls the entire property. We have new bays, a new erg room as well as locker rooms with flushing toilettes and hot water showers. This spring we are expanding the boathouse to make room for more sculls and a new launch bay. Even after the planned expansion CRF is still busting at the seams. CRF is home to many successful rowing clubs including Case.

Over the summer the old boathouse burnt down in an accidental fire caused by local homeless neighbors. But many positive things resulted from that fire. CRF now owns the lease for the property between the boathouse and the bridge and has

plans over the next year to revitalize and secure the area. The famous towpath trail is supposed to be enlarged and we have arranged to have it run right along the boathouse property. The old bridge operating building will be renovated for use by the club for meeting space or as a hospitality center for travelers on the towpath.

While you are visiting checkout our expanded dock and new trees and benches. The boathouse is now has a nice park-like look. While you're here you can also peek over the fence to see our latest area of expansion. St. Ignatius crew is the most successful rowing program at CRF with over 80 rowers a year. They have out grown their racks in the CRF boathouse and are negotiating with our landlord to move in

to the building next door. This move will expand the capacity of the boathouse and make our footprint on the Cuyahoga much larger.

While the facilities have been upgraded, we still share the river with freighters and factories. So we promise we can still deliver some nostalgia during your homecoming!



Winter Season Recap by Agata Toborek

Pittsburg Sprints

The Case Crew team won 1st and 2nd in the open women's race and 2nd, 3rd, and 4th in the open novice women's race. The team also took home silver in the mixed relay.

Hammer Ergatta

This year's annual Hammer Ergatta was hosted by the Case Crew.

Over 150 rowers participated in the 2 km races that took place on Sunday, Feb. 12th at Case's historical Adelbert Gym. Case, John Carroll, and Cleveland State participated in the collegiate races.

Case emerged as the collegiate winner, and retained the Hammer Trophy for its third consecutive year. Case rowers medaled in every colle-

giate event and took first and second in the mixed relays. The Case women's team won 1st, 2nd, and 3rd in both the open women's and the novice women's races. The men's team won 1st in the lwt men and 3rd in both the open men and open novice men.

Fall Season Recap by Natalie Jackson

The Case Western crew team had quite a fall season with both the men's and women's teams receiving numerous medals.

At the Head of the Cuyahoga, the Mixed 8+ received bronze, the Women's Open 4+ received silver, and the Women's Open 8+ brought home gold.

At the Head of the Ohio the

Women's Open 4+ received bronze.

Case Crew received the most medals at the Frogtown races, despite the inclement weather. The Men's Open 8+ received silver, Women's Open 4+ won gold, the Women's Novice 8+ brought back both a bronze and a gold medal. The Men's Novice 4+ made an excellent showing with a silver medal and

both the Women's Open 8+ and the Men's Open 4+ had gold medals.

Our last regatta of the season, the Speakmon Memorial Regatta, brought us three bronze medals in the Open Men's 4+, the Open Women's 4+, and the Open Women's 8+. At Speakmon, the Women's Frosh/Novice 8+ also obtained a silver medal.

Spring Regatta Schedule

3.25 Home Schools
 4.2 URA at Lake Arthur, Moraine State Park, Pennsylvania
 4.8 Ohio Cup, Hoover Reservoir, Columbus, OH
 4.22 Alumni Regatta
 4.29 Governor's Cup, Charleston, WV



Coach Information



Coach Chris Sheridan

This is her fourth year coaching at Case and sixth year coaching rowing in Cleveland. Also, this is her third year teaching in Case's SAGES program as a Presidential Fellow.

Coach Sheridan grew up in Florida and was a competitive swimmer. She graduated from Yale University and has been an editorial writer at The Plain Dealer since 1995. Her son, Connor, is 4 years old.

Coach Tim Marcovy

He has coached Case Crew from 1993 till 1996 and from 2002 till the present. He was also one of the five founders of the Western Reserve Rowing Association. Coach Marcovy is a Case alumnus (LAW '77). He is a partner in the law firm of Willacy, LoPresti & Marcovy.

His daughter, is a former high school rower and former rowing coach. His son, an IRA medal-winning oarsman for Columbia University, is also a former adult and junior rowing coach, and presently competes on the elite squad for Vesper Boat Club of Philadelphia.

Coach Fraser Hewson

He has been rowing for over 11 years. After completing his Masters degree at Case, decided to continue his involvement with Case crew by moving from a seat behind an oar to a seat in the coaching launch.

Coach Hewson began rowing at Mendota Rowing Club (Madison, WI) as a freshman in high school. In college, he joined the Badger Team at the University of Wisconsin - Madison. After a post college hiatus, he returned to rowing with Case Crew.

Why We Love Crew—A Novice's Perspective by Keelan Quinn

I have to admit that the first time I heard of crew I had no idea what it was! My second week at Case I saw "Do you like spandex?- Come join crew!" chalked on the sidewalk. I thought, *Whoever wrote that message had to be crazy... how could anyone like spandex??* Little did I know that the same people who did the chalking would soon be my new family.

The first time I saw the Cuyahoga River, I was placed in an eight full of novices, like myself, with only one varsity rower. As soon as that boat left the dock, I was in love with the sport. As the season progressed I got to know the girls better, and we were soon able to make the boat "fly" over the water, which was an amazing feeling. We worked to accomplish every obstacle *as a team*. Once we

accomplished rowing together, we moved onto rowing with the feather, and finally ended the season with the infamous "Power 10's." Because of our hard work, the novice and varsity teams both finished the fall season with numerous medals, which gave us the ambition to work hard through winter training. We were anxious to start the spring season right where we left off.

Several of my teammates and I were skeptical of what winter training exactly was. We were scared of our upcoming 2k test and didn't know what to expect. However, once I saw how much the varsity members pushed themselves and each other during that first 2k on the erg, I knew I was in the right sport. The whole room was full of screaming and cheering,

and the screams coming from the rowers themselves were almost as loud as those cheering for them. That was the moment I realized what coach had always meant when she said crew was the **ONLY** team sport.

As winter training is coming to an end, and we're getting back on the water, I look back and know I would have never made it through the season without my teammates. Even during winter break, we emailed each other our workout results and visited one another. Four weeks is too long to not see best friends. Crew *is* the only team sport- I now push further than I've ever gone before, and I do this all with every one of my teammates. We all push hard and push together. We're the crew family and it will always be this way.

**Case Crew Alumni Regatta
April 22nd, 2006**

Location: Cleveland Rowing Foundation (CRF); 1948 Carter Road, Cleveland, OH

Event Time: We'll be gathering at the CRF (formerly WRRF) boathouse on Saturday, April 22, 2006 at 9:15 am. The first race will launch at 9:45AM and races will run approximately every 15 minutes until we finish up by mid-afternoon.

Dinner: After the regatta, clean up then join us for dinner at the Great Lakes Brewing Company (tentative venue) at 6:30PM. Great Lakes Brewing is located at 2516 Market St. in Cleveland, just minutes from the boathouse. We will provide driving directions.

Cost: Participation in the Case Crew Alumni Regatta is FREE. Individuals will need to cover their own travel lodging and dining expenses. If you would like to make a financial contribution to the club, checks may be made to "Case Crew." Additional raffles and merchandise will be sold at the event.

Children: Please feel free to bring your children! The boathouse property is much safer than it is used to be. There is now plenty of hazard free space for them to play. We will be happy to supervise your kids while you are racing.

Contact Info: Please detach and return your completed RSVP Form below to:

Case Crew
10900 Euclid Ave
Veale Center
Cleveland, OH 44106-7223

Please contact Brian Chorney if you have any questions via phone or email below:
Phone: (207)232-9510
Email: brian.chorney@case.edu

-----Cut Here-----**RSVP Form**-----Cut Here-----

Name: _____

I will will not be able to attend the Case Crew Alumni Regatta.

I will will not be able to attend dinner at the Great Lakes Brewing Company
No. of Guests Accompanying Me: _____

I am a Port Rower Starboard Rower Coxswain

I WOULD would not like to be contacted about future Case Crew events.

Please provide your updated address, phone number and email address below:

Directions to the CRF boathouse (Incase it has been a while):



FROM THE WEST: Take I-90 to the W 25 St Exit. At top of ramp, turn left\head north. Stay north on W 25 St, cross a small bridge, then immediately veer to your right onto Columbus St. Stay on Columbus, go down a steep hill. Before the next bridge, turn right down Carter Road. Cross the railroad tracks and the driveway will be on your left. If you pass the blue bridge you've gone too far.

FROM THE SOUTH: I-71 North to the W 14 St Exit. Straight on W 14, past Lincoln Park to light at Kenilworth, turn left. Turn right onto Scranton Road. At the end, make a left turn down Carter Road. The first driveway on the right after the blue bridge is the CRF.

FROM BUFFALO, ERIE: I-90 East, drive through downtown Cleveland and head south. First exit is the W. 14 St Exit, be in the left lane. This exit splits, take the W14 split. You will loop under the freeway. Drive one block to Kenilworth. Turn right on Kenilworth then right onto Scranton. At the end of Scranton, turn left down Carter Road. The first driveway on the right after the blue bridge is the CRF.

From Pittsburgh: I-77 to 480 west, then take the 176 Jennings Road exit North to downtown. As you get close to I-71, you will be driving on the lower level of a double-decker freeway. Stay in the right lane; look for W 14 St exit. Take W 14 exit up to top, ramp splits at top but stay straight you will be going north on W14 St. Once on W 14, heading north, drive past Lincoln Park and turn left on Kenilworth at the light, then right onto Scranton. At the end of Scranton, turn left down Carter Road. The first driveway on the right after the blue bridge is the CRF.

Case Crew Hooded Sweatshirts

Case Crew is ordering team hooded sweatshirts. We are planning to have some available for sale at the Alumni Regatta. If you know you will want one please reserve one now and you can pick it up at the regatta.

Please contact Gallia Painter at the email address below and ask her to reserve one for you. Please designate the size and quantity desired.

If you will not be attending the regatta keep checking our café press site. The Case Crew Hoodie will be available on that site for home delivery soon.



The Hoodies will be available for \$30 at the Regatta. The café press price is not available at this time, but it will not be much more than \$30.

1: Reserve your hooded sweatshirt by contacting Gallia Painter at gmariep@gmail.com.

Be sure to include in your email the size and quantity desired as well as your name and contact info. Your order will be available for pick up at the regatta only. Supplies are limited; if we cannot fill your order we will contact you. We will contact you later about preferred methods for payment.

2: If you cannot join us at the Alumni Regatta, check out our café press site. Within the next few weeks this will be available for purchase and home delivery (anywhere) from the web site. www.cafepress.com/deathrowcrew

We currently have size S, M, L and XL available.

Thanks! Hope to see you on April 22!